

2017

Section 5 Girls Swimming and Diving

Voluntary Dive Schedule

Start of Season – September 16	100 – Forward
September 17 – September 23	200 – Back
September 24 – September 30	400 – Inward
October 1 – October 7	5000 – Twist
October 8 – October 14	300 – Reverse
October 15 – October 21	100 – Forward
October 22 – October 26	200 – Back

- ✓ If a school is competing outside of Section V or is hosting a team outside of Section V, coaches of both teams **MUST** agree on a voluntary dive 24 hours before the meet is contested.
- ✓ Meets rescheduled due to weather or some other unforeseen reason will use the dive from the originally scheduled date.
- ✓ Divers may use any dive from the scheduled group as their voluntary dive, but must be listed with a degree of difficulty no higher than 1.8.

Norm Schueckler, Section V Coordinator